

Ministère de l'Éducation et de l'Enseignement supérieur (MEES)

**INTERNATIONAL MOBILITY AND SHORT STAYS OUTSIDE QUEBEC
PROGRAM**
**(Programme de mobilité internationale et de courts séjours à l'extérieur
du Québec)**

An MEES program administered by INRS

GUIDELINES

**Graduate and Postdoctoral Studies Department
INRS
Last updated: January 2019**

INTERNATIONAL MOBILITY AND SHORT STAYS OUTSIDE QUEBEC PROGRAM

1. OBJECTIVE:

To financially support students enrolled in a degree program (master's or doctorate) who want to study full time at a university outside Quebec as part of their program.

2. ABOUT THE PROGRAM

The program is founded on excellence, both in terms of selection and the results achieved. It is for students registered in a full-time degree program (master's or doctorate) who want to study full time outside Quebec as part of their university program. Students can undertake a **maximum of two stays of at least one month each, but not to exceed a total of eight months**, at any time during their current INRS program.

The amounts awarded to a student under the International Mobility and Short Stays Outside Quebec Program while they are enrolled at INRS cannot exceed the maximum amounts awarded to a student who has completed eight months of study abroad, whether or not they receive a scholarship for taking part in an educational activity outside Quebec.

3. SCHOLARSHIP AMOUNT

The scholarship amount varies by location and length of stay:¹

	Stays of more than two months (up to eight months)	Stays between one and two months
Length	For all stays of two or more months (starting from the 60th calendar day, inclusively).	For all stays of less than two months (up to 59 calendar days, inclusively)
Scholarship amount	<p>\$1,200/month for the United States, Japan, Australia, New Zealand, and Western Europe.</p> <p>\$900/month for other countries and Canadian provinces.</p> <p>Scholarships are calculated on a calendar month basis (e.g., from May 1 to August 1).</p> <p>For any additional partial months, the amount awarded is prorated based on the number of days spent abroad.</p>	\$1,500/month

¹Students who receive Student Assistance (MEES loans and scholarships) are eligible for MEES mobility scholarships to study outside Quebec. An allowance of \$5,000 in study grants is applied for calculating student assistance, and only amounts above that threshold are taken into account.

4. ELIGIBILITY REQUIREMENTS

Students:

- 1) Must be registered **full time** in an INRS degree program;
- 2) Must show that the activity is relevant to their education;
- 3) Must have an average grade of at least **3.0/4.3**;
- 4) Must have completed at least **nine** credits in their INRS program at the start of their study abroad;

Restrictions:

- 5) Cannot study abroad in their country of origin or citizenship, if they are foreign students at INRS.
- 6) Students enrolled in Cotutelle or in a Bidiplomation program can not choose a place of training in the country where the Cotutelle or the Bidiplomation takes place.
- 7) Students can not earn a PMICSE Scholarship with a Mitacs Globalink Research Award, a Michael Smith Foreign Study Supplement or any other short-stay scholarship program abroad for the same research stay.

5. HOW TO APPLY

Use the form on the INRS website under the *La formation* section, > *Bourses d'études* >, click on **Programme de mobilité internationale et de courts séjours à l'extérieur du Québec**. Keep the following in mind:

- 1) In the space provided, applicants must give a detailed description of the activity they want to pursue outside Quebec, including:
 - A description and explanation of how the activity is relevant
 - The timeframe for the activity
- 2) Applications must include:
 - A transcript
 - A letter from the host institution confirming the study abroad dates
- 3) The signatures of the research director and program director to approve the activity are mandatory (when the program director is also the applicant's research director, the form must be signed by the centre director instead)
- 4) Print the form, sign it, and send it to the Graduate and Postdoctoral Studies Department

6. STUDY ABROAD EVALUATION

At the end of the activity, the student and their research director agree to provide an evaluation completed by:

- The person responsible for supervising the student at the location where the activity took place
- The research director

Evaluations must also be approved by the program director.

If these evaluations are not provided, the student must reimburse all amounts received from INRS.

7. APPLICATION DATE

Complete applications can be emailed at any time to the Graduate and Postdoctoral Studies Department at bourses@adm.inrs.ca

There is no deadline, as applications will be accepted throughout the year. The number of scholarships awarded will depend on funds available.

8. SELECTION CRITERIA

1. The applicant's transcript must show they have maintained a cumulative average of at least 3.0/4.3 in their INRS program
2. In their applications, applicants must show how the activity is relevant to their education

When an eligible application is received, a scholarship committee will be formed. The scholarship committee is made up of the director of the Graduate and Postdoctoral Studies Department, the applicant's program director, and the scholarship liaison officer. Scholarships will be awarded based on the committee's decision.