

1. Write down your first name, last name, Centre and Group.
2. Copy/paste this commitment in an email and send it to sae@inrs.ca.

EMAIL PARTICIPATION COMMITMENT

First name:

Last name:

Centre:

Through this email, I commit to the Institut national de la recherche scientifique (the "INRS") to attend the workshop on Dealing with Mental Health, offered over 3 sessions on the following dates:

February 12, 2021, 12:00 p.m. to 1:15

February 19, 2021, 12:00 p.m. to 1:15

February 26, 2021, 12:00 p.m. to 1:15

Since the workshop is offered free of charge by INRS, I will be subject to a financial penalty of \$250 (to be taken from my INRS grant) if I do not attend all of the sessions.

This financial penalty represents a portion of the costs related to the workshop.